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# **About Vulvar Cancer**

Get an overview of vulvar cancer and the latest key statistics in the US.

## **Overview and Types**

If you've been diagnosed with vulvar cancer or are worried about it, you likely have a lot of questions. Learning some basics is a good place to start.

What Is Vulvar Cancer?

## **Research and Statistics**

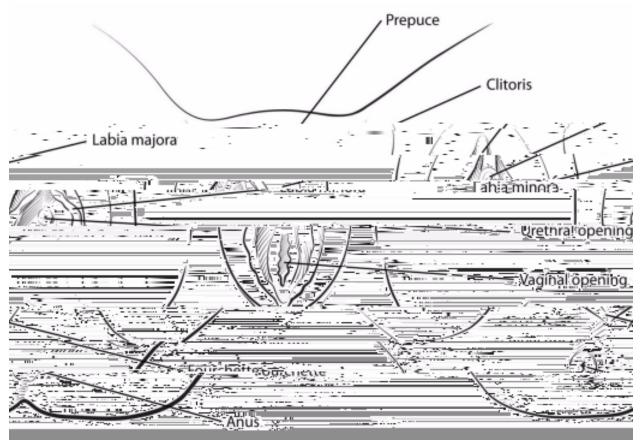
See the latest estimates for new cases of vulvar cancer and deaths in the US and what research is currently being done.

- Key Statistics for Vulvar Cancer
- What's New in Vulvar Cancer Research and Treatment?

# What Is Vulvar Cancer?

Types of vulvar cancer

The vulva is the outer part of the female genitals. The vulva includes the opening of the vagina (sometimes called the vestibule), the labia majora (outer lips), the labia minora (inner lips), and the clitoris.



Around the opening of the vagina, there are 2 sets of skin folds. The inner set, called the **labia minora**, are small and hairless. The outer set, the **labia majora**, are larger, with hair on the outer surp5the

## Types of vulvar cancer

Cancer starts when cells in the body begin to grow out of control. Cells in nearly any part of the body can become cancer, and can spread to other areas of the body. To learn more about how cancers start and spread, see What Is Cancer?<sup>1</sup>

## Squamous cell carcinomas

Most cancers of the vulva are squamous cell carcinomas. This type of cancer starts in squamous cells, the main type of skin cells. There are several subtypes of squamous cell carcinoma:

- The keratinizing type is most common. It usually develops in older women and is not linked to infection with human papilloma virus (HPV) (HPV is discussed in <u>Risk</u> <u>Factors for Vulvar Cancer<sup>2</sup></u>).
- Basaloid and warty types are less common. These are the kinds more often found in younger women with HPV infections.
- Verrucous carcinoma is an uncommon subtype that's important to recognize because it's slow-growing and tends to have a good prognosis (outlook). This cancer looks like a large wart and a biopsy is needed to be sure it's not a benign (non-cancer) growth.

#### Adenocarcinoma

Cancer that starts in gland cells is called adenocarcinoma. About 8 of every 100 vulvar cancers are adenocarcinomas. Vulvar adenocarcinomas most often start in cells of the Bartholin glands. These glands are found just inside the opening of the vagina. A Bartholin gland cancer is easily mistaken for a cyst (build-up of fluid in the gland), so it's common to take awhile to get an accurate diagnosis. Most Bartholin gland cancers are adenocarcinomas. Adenocarcinomas can also form in the sweat glands of the vulvar skin.

Paget disease of the vulva is a condition in which adenocarcinoma cells are found in the top layer of the vulvar skin. Up to 25% of patients with vulvar Paget disease also have an invasive vulvar adenocarcinoma (in a Bartholin gland or sweat gland). In the remaining patients, the cancer cells are found only in the skin's top layer and have not grown into the tissues below.

## Melanoma

Melanomas are cancers that start in the pigment-producing cells that give skin color. They are much more common on sun-exposed areas of the skin, but can start in other areas, such as the vulva. Vulvar melanomas are rare, making up about 6 of every 100 vulvar cancers.

More information on this can be found in Melanoma Skin Cancer<sup>3</sup>.

## Sarcoma

A sarcoma is a cancer that starts in the cells of bones, muscles, or connective tissue. Less than 2 of every 100 vulvar cancers are sarcomas. Unlike other cancers of the vulva, vulvar sarcomas can occur in females at any age, including in childhood.

#### Basal cell carcinoma

Basal cell carcinoma, the most common type of skin cancer, is more often found on sun-exposed areas of the skin. It occurs very rarely on the vulva. For more information on this type of cancer, see <u>Basal and Squamous Cell Skin Cancer</u><sup>4</sup>.

## **Hyperlinks**

- 1. www.cancer.org/cancer/understanding-cancer/what-is-cancer.html
- 2. <u>www.cancer.org/cancer/types/vulvar-cancer/causes-risks-prevention/risk-factors.html</u>
- 3. www.cancer.org/cancer/types/melanoma-skin-cancer.html

# **Key Statistics for Vulvar Cancer**

In the United States, vulvar cancer accounts for nearly 6% of cancers of the female reproductive organs and 0.7% of all cancers in women. In the United States, women have a 1 in 333 chance of developing vulvar cancer at some point during their life.

The American Cancer Society's estimates for vulvar cancer in the United States for 2024 are:

- About 6,900 cancers of the vulva will be diagnosed
- About 1,630 women will die of this cancer

Visit the American Cancer Society's Cancer Statistics Center<sup>1</sup> for more key statistics.

# **Hyperlinks**

1. cancerstatisticscenter.cancer.org/

## References

American Cancer Society. Cancer Facts & Figures 2024. Atlanta: American Cancer Society; 2024.

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# What's New in Vulvar Cancer Research and Treatment?

- Oncogenes and tumor suppressor genes
- Drug treatments
- Surgery, radiation therapy, and chemotherapy

## • Identifying lymph nodes

Vulvar cancer is rare, which makes it hard to study. Still, research is being done to find new ways to prevent and treat cancer of the vulva. There are some promising new developments.

# **Oncogenes and tumor suppressor genes**

## Identifying lymph nodes

Another area of interest is lymph node mapping. Vulvar cancer can spread to lymph nodes in the groin. Better ways to look for this spread and identify nodes with cancer might help doctors treat these nodes and decrease the risk of cancer coming back there. It could also allow them to save the healthy nodes and decrease the risk of long-term swelling in the groin and legs, called lymphedema<sup>7</sup>.

# **Hyperlinks**

- 1. www.cancer.org/cancer/understanding-cancer/genes-and-cancer.html
- 2. www.cancer.org/cancer/managing-cancer/treatment-types/targeted-therapy.html
- 3. www.cancer.org/cancer/types/vulvar-cancer/treating/surgery.html
- 4. www.cancer.org/cancer/types/vulvar-cancer/treating/radiation-therapy.html
- 5. <u>www.cancer.org/cancer/types/vulvar-cancer/treating/chemotherapy.html</u>
- 6. www.cancer.org/cancer/diagnosis-staging/lymph-nodes-and-cancer.html
- 7. www.cancer.org/cancer/managing-cancer/side-effects/swelling/lymphedema.html
- 8. www.cancer.org/cancer/types/vulvar-cancer/references.html

#### References

## See all references for Vulvar Cancer

Palisoul ML, Mullen MM, Feldman R, Thaker PH. Identification of molecular targets in vulvar cancers. *Gynecol Oncol.* 2017;146(2):305-3.4 JTj 0283,.18 4 JTj 0283,.18 i1 1 72 Rao YJ, Hui 2

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